



NCS AUTUMN 2019

Dear Parent / Guardian,

National Citizen Service came in to see students at Holcombe Grammar and we want to give you some more information about an opportunity that is waiting for them in Autumn 2019.

NCS is a once in a lifetime experience that your teenager will never forget. Our Autumn programme is specifically for year 12s and 13s (under the age of 18) in order to give them this opportunity for those who could not make it in the summer.

During Half term NCS is the perfect way to learn new skills outside of the classroom. NCS is all about embracing differences between young people and giving them an opportunity to help others in their community. NCS Leaders are trained to support every young person's needs so you can feel reassured your child is in safe and experienced hands. Best of all NCS is a government-funded programme and you will never contribute more than £25 for the entire programme! If your child is on free school meals this gets reduced to £10!

NCS is made up of 4 phases each designed for young people to learn important life skills!

PHASE 1 - ADVENTURE NCSers will be picked up at meeting point to start their NCS adventure to PGL Osmington Bay, Dorset! This is made up of 4 days and 3 nights where the young people in their team of 15 will try their hand at a variety of outdoor activities as well as bond with team building activities! Young people are never forced to do any activities that they do not want to do - however it is great to see them build their self-confidence! All their meals and accommodation are provided for! We also cater for all dietary requirements.

PHASE 2 - DISCOVERY After coming back from Phase 1 NCSers will move on to their discovery phase which is to take place at Mid Kent College! Here the young people will train to get their First Aid Certificate, attend a variety of skill gaining workshops! These are all based on important life skills and there is something to suit everyone! Not only this but NCSers will also be looking at potential Social Action Projects! This means that they will be looking into local charities that they would like to fundraise and raise awareness for!

PHASE 3 - SOCIAL ACTION During this phase NCSers will meet at the college for sessions. Here they will have the opportunity to plan how they would like to make an impact for their selected Social Action Project and give back to their local community. Not only this but they will accumulate 30 hours of hard work where they fundraise and raise awareness in team led environment. During this phase NCSers will acquire skills such as project management, finance and communication skills.

PHASE 4 - CELEBRATION! After completing the NCS programme we like to throw a graduation for our NCS Graduates in order to celebrate all their achievements and newly earned skills! Here the teams will have the opportunity to present their Social Action Project Impact to their family and friends! They will also receive their NCS Certificate which is signed by the Prime Minister.



**NCS PHASE 1 ALSO CONTRIBUTES FOR
THE DUKE OF EDINBURGH GOLD RESIDENTIAL!**



WHEN DOES THE PROGRAMME RUN?

NCS Autumn will start during half term from 18th October. Here is a breakdown of the programme dates:

PHASE 1: Friday 18th October - 21nd October – PGL Osmington Bay, Dorset. Departure 4pm from Mid Kent College and return to Mid Kent College on Monday 21st October.

PHASE 2: Tuesday 22nd, Wednesday 23rd and Thursday 24th October 9.30 – 4pm at Mid Kent College.

PHASE 3: : Friday 25th October, Saturday 2nd Nov, Sunday 3rd Nov where the team has to accumulate 30 hours of work on their Social Action Project.

PHASE 4: Graduation date and location still to be confirmed. Date likely to be week commencing 11th November

HOW MUCH DOES IT COST?

NCS is amazing value for money – the whole autumn experience will cost you a maximum of £25. (This also includes transport, meals and accommodation). Why? Because the programme is backed by the government, which invests £1500 per place. No one should ever be prevented from taking part in NCS for financial reasons, which is why financial assistance is available. If this does apply to you, please make our contact centre aware of your personal circumstances and they will discuss bursary options with you.

HOW TO GET INVOLVED:

There are three ways to get involved:

- 1) Visit our website at ncsyas.co.uk/autumn
- 2) Complete the NCS consent form which came with this letter
- 3) Return the form and you £25 Cash or Cheque to our office at The Mytrust, Fort Horsted, Primrose Close, Chatham. ME4 6HZ

WHAT HAPPENS NEXT?

Once your payment has been made and you have completed the consent form, you will receive a medical form which will be emailed out to you. Once both of these forms are returned your young person's place will be secured and you will receive the following:

An confirmation email and a link to a one drive folder. This folder will include all the information on our programme such as the following; Programme outline and key dates, Kit List, Contact Details, Appeals and complaints procedure and Keep it safe (Code of Conduct)

We very much look forward to another successful Autumn programme this year and hope to have your son or daughter come on programme with us!

If you have any further questions, please don't hesitate to ask.

Yours Sincerely

The NCS team



MY Trust is an operating name for Medway Youth Trust which from 1st October 2017 includes work previously undertaken by Young Kent. Registered in England and Wales, No: 6393997. Registered Charity No: 1124219