

IN SPICY
 CRUNCH DELI SW
 WEEK TWO
 ENERGY
 CRUNCH
 CULTURE
 EXCITING
 TANGY
 NUTRITIOUS
 DELICIOUS
 LUNCH SOCIAL

MONDAY

DEEP SOUTH DINER
Choose a main: New York Hot Dog
 Paprika Wedges
 Red Slaw



MEDITERRANEAN
 Moroccan Style Chicken Stew
 Spiced Cous Cous
 Broccoli



SPEEDY ITALIAN
 Veggie Hot One Pizza ✓
 Arrabbiata Pasta ✓
 Margherita Pizza ✓



TUESDAY

WINGS & THINGS
Choose a main: Chicken Mayo Burger
 Cajun Potato Wedges
 Corn on the Cob



BRITISH
 Beef Cobler
 New Potatoes
 Sweetcorn



SPEEDY ITALIAN
 Chicken Supreme Pizza
 Herby Tomato Pasta ✓
 Margherita Pizza ✓



WEDNESDAY

WINGS & THINGS
Choose a main: Special Marinated Roast Chicken Drumsticks with
 BBQ or Sticky Tobasco
 Garlic Bread
 Southern Greens



BRITISH
 Roast Pork
 Roast Potatoes
 Seasonal Cabbage or Carrots



SPEEDY ITALIAN
 Veggie Supreme Pizza ✓
 BBQ Chicken Pasta
 Margherita Pizza ✓



THURSDAY

WINGS & THINGS
Choose a main: Beef Burger
 Garlic and Herb Potato Wedges
 Peas



JAPANESE
 Chicken Katsu Curry
 Pineapple Rice
 Pickled Cucumber Salad



SPEEDY ITALIAN
 Bacon Pizza
 Beef Bolognaisse
 Margherita Pizza ✓



FRIDAY

DEEP SOUTH DINER
Choose a main: Chipotle BBQ Pork
 Garlic Fries
 American Style Slaw



BRITISH
 Home-made Battered Fish Fillet
 Chips
 Peas



SPEEDY ITALIAN
 Sicilian Cheese & Tomato Pizza ✓
 Italian Chicken Pasta
 Margherita Pizza ✓



**CHOP
 CHOP**



a range of delicious Chop Chop
 paninis, boosties and snack
 pots every day in flavours you
 will love!

Look out for MUNCH - our
 mid-morning break offer available
 for you to enjoy Monday-Friday

