WEEK THREE

MONDAY	DEEP SOUTH DINER **Choose a main:** Beef Chilli Lemon & Herb Rice Corn on the Cob	INDIAN Curried Pulled Pork Flatbread Spiced Sweet Potatoes Cucumber Raita	SPEEDY ITALIAN Veggie Hot One Pizza V Cheesy Penne Pasta V Margherita Pizza V
TUESDAY	WINGS & THINGS **Choose a main:** Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tobasco Pasta Salad House Slaw	BRITISH Honey & Mustard Chicken Wholegrain Rice Peas	SPEEDY ITALIAN 3 Cheese Sicilian Pizza V Chicken & Tomato Pasta Bake Margherita Pizza V
WEDNESDAY	WINGS & THINGS **Choose a main:** Quorn Cheese Burger V Baked Garlic & Herb Wedges BBQ Beans	BRITISH Pork Sausage and Red Onion Gravy Mashed Potato Roasted Broccoli & Peppers	SPEEDY ITALIAN Mushroom & Sweetcorn Pizza V Herby Tomato Pasta V Margherita Pizza V
THURSDAY	WINGS & THINGS **Choose a main:** Chicken Caesar Burger Paprika Wedges Chop Chop Salad	THAI Thai Red Chicken Curry Lemon and Coriander Rice Sweetcorn	SPEEDY ITALIAN Sicilian Cheese and Tomato Pizza Carbonara Pasta Margherita Pizza V
FRIDAY	DEEP SOUTH DINER **Choose a main:** Cajun Pulled Pork & Bean Pitta **OR** Katsu Salmon Fish Finger Wrap Chips Pineapple Coleslaw	BRITISH Home-made Battered Fish Fillet Chips Baked Beans	SPEEDY ITALIAN Cajun Chicken Sizzler Pizza Tomato & Basil Pasta Margherita Pizza V

CHOP CHOP

NEW a range of delicious **Chop Chop paninis, toasties** and **snack pots** every day in flavours you will love!

Look out for MUNCH - our mid-morning break offer available for you to enjoy Monday-Friday

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from Italy with Love

Chartwells
EAT LEARN LIVE

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