

Physical Education (Mr A. Nanson)	
Course Title	Examination Board
GCSE Physical Education	AQA
<p>Examination and Coursework Details</p> <p>Examination – 60% of overall mark Coursework/ Practical performance – 40% of overall mark</p> <p>Course Outline</p> <p>The course covers a number of topics and themes, allowing pupils to study a diverse range of ideas related to Physical Education. Lessons will be divided between classroom based theoretical lessons and practical lessons.</p> <p>Unit 1: The human body & movement in physical education & sport</p> <ul style="list-style-type: none"> • 30% of overall mark. • 75 minute written examination marked out of 78. • Topics covered include applied anatomy & physiology, movement analysis and physical training. <p>Unit 2: Socio-cultural influences and well-being in physical activity and sport</p> <ul style="list-style-type: none"> • 30% of overall mark. • 75 minute written examination marked out of 78. • Topics covered include sports psychology, socio-cultural influences and health, fitness & well-being. <p>Unit 3: Non Exam Assessment</p> <ul style="list-style-type: none"> • Performance Assessment (30% of overall mark) – students are assessed in THREE activities as a player/performer. One assessment must be in a team activity, one assessment must be in an individual activity, and the third can be from either an individual or a team activity. • Performance Analysis (10% of overall mark) – Students analyse and evaluate their own performance in one chosen activity identifying strengths & weaknesses and considering how these impact their performance. <p>Who should study GCSE PE?</p> <p>The GCSE Physical Education course will appeal to pupils who:</p> <ul style="list-style-type: none"> • Have a keen interest in sport and always look forward to PE lessons • Take part in sport / physical activity outside of class time • Want to know more about the benefits of sport and exercise • Want to improve their own performance in a range of sporting activities • Are proficient (minimum school-team standard) in at least three practical activities • Are considering a sports-related career or an A-Level / Higher Education Course • Are keen to contribute both verbally and practically to lessons <p>Sixth Form and Career Opportunities</p> <p>Pupils with a good GCSE grade will have achieved a firm foundation to study Physical Education at KS5. Pupils who have not studied this subject at GCSE can progress to this level provided they have achieved strong GCSE grades in other subjects and have the physical competency to tackle the practical aspects of the course. The study of GCSE PE lends itself effectively to career development in a range of fields including sports coaching/ teaching, psychology, physiotherapy, medicine, sociology and personal training.</p>	