

# GCSE Psychology Learning Journey



External Exam



Sleep hygiene education

Williams et al's (1991) study

Role of REM sleep

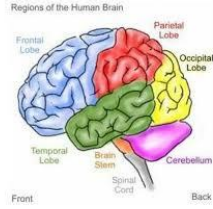
Freudian Theory of Dreaming

Causes of sleep disorders

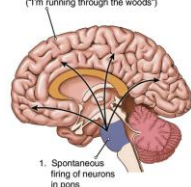
## Unit 4 – Sleeping and Dreaming

Features of insomnia

Role of pineal gland and melatonin



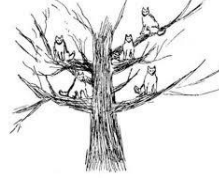
Impact of neurological damages to the hypothalamus



Activation Synthesis theory

Freud's dream analysis of the Wolfman

Endogenous pacemakers

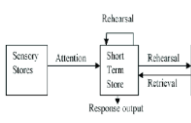


Function, features and benefits of sleep

Stages of sleep cycle

Techniques used for recall

Procedural memory



## Unit 5 – Memory

Wilson et al (2008) Clive Wearing study

Types of forgetting

Amnesic syndrome

The theory of reconstructive memory

Structure and functions of the brain



Theories on dispositional factors

Braun et al (2002)

Measuring different memory functions



Multi-store model of memory

Anti-social behavior

Tottenham riot

Hippocampal volume in self-esteem

Bickman's (1974) study

Theories of situational factors



## Unit 4 – Social Influence

Pro-social behaviour

Agency theory

Conformity

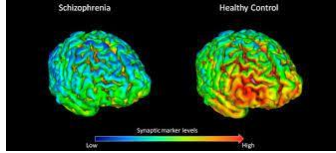
NatCen study (2011)

Locus of control in crowd behaviour

Power of a uniform

Collective and crowd behavior

Conformity and obedience

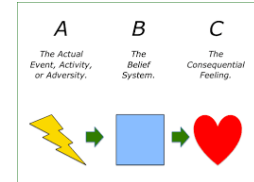


Clinical characteristics of schizophrenia

Dopamine hypothesis



Tandoc et al's (2015) study



YEAR 11

## Unit 3 – Psychological Problems

External Exam

Effects of stigma and discrimination

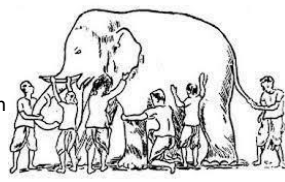
Social drift theory

Daniel, Weinberger, Jones et al (1991) study

Development of neuropsychology

Defining mental health

Teaching through meaning



Reductionism/Holism debate

Changing role of education

Fixed and growth mindset

Piaget's Theory of Cognitive Development

Childhood



## Unit 2 – Development

Active learning

Learning theories

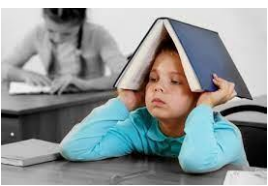
Blackwell et al (2007)

Fixed and growth mindsets

Nervous system

IQ tests to measure intelligence

Stages of development



Crime as a social construct

Cooper and Mackie's (1986)

How crime is measured

Social Learning Theory

Reporting

Direct reinforcement

Rehabilitation

## Unit 1 – Criminal Psychology

Eysenck's Criminal Personality Theory

Types of crime

Video games and aggression

Official statistics

Heaven study (1996)

Anti-social behaviour

Effects of punishment

Restorative justice

Analysing research

Handling data



Observations

Ethical considerations

Populations and Sampling

Controlling variables

## Introduction to Research Methods

YEAR 10



welcome

Sources of bias

Reliability, validity and bias considerations

Experimental designs

Methods and techniques for psychological research

Formulating hypotheses

Features involved in planning psychological research

