



YR 12 Personal Development Learning Journey

Reducing Inappropriate Behaviours in the workplace



The World of Work

Planning a Career Pathway

Managing workloads and time for work and school

Skills needed for the workplace

Preparing ourselves for the world of work



UCAS and Next Steps



UCAS Support and applications

Interviews

Using AI and online revision methods to support us

Unhealthy coping strategies & Supporting our mental health

AI and its impacts

Exam Readiness and Coursework support

Developing revision strategies and SMART targets

The Risks of Illegal Behaviours – the sale of drugs and knives

Supporting others and Suicide Prevention

Supporting someone in danger



Dealing with stress

Self Harm

Current Life



The Rule of Law – Car and Road Safety



The World Around Us – Knife Crime

Sexual Health and Myths to be aware of

Respectful Relationships and Domestic Abuse against Men and Women

Vaccines and Immunisation

STI's



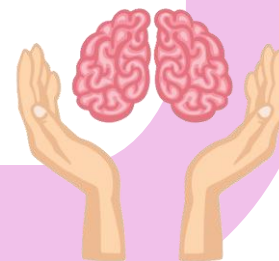
Showing Mutual Respect – Fertility and Menopause



Pregnancy and Parenthood



The importance of mental health and looking after our mental health



Our Well-Being

First Aid – An introduction to bleeds and bandages



First Aid – DR ABC

Eating Disorders and Meal Preparation

Our Well-Being



The impacts of drugs and vapes



Democracy and Mutual Respect through Teambuilding and Communication





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Stress Reduction
in practice

Unhealthy coping mechanisms

Time to Talk

Stress Management and Mental Health

Stereotypes around stress and opening
up and noticing a friend in need

Pregnancy and
Sexual Health



Dealing with Stress and Healthy
Coping Strategies



Health and Relationships

Protecting
ourselves from STI's

The Rule of Law –
Domestic Abuse



Mutual Respect – What a
respectful and modern
relationship looks like



Bills and
Supporting Apps



Budgeting and Planning
ahead



Supporting
others –
Suicide
Prevention

Planning for the next steps

The
impact of
AI

Mortgages and
Applications

Student Finance

Managing our time and
workload



The next steps of
First Aid –
Choking shock
and asthma

The benefits of self-
examination and
screening

Drug and Alcohol
and their impact



Independent Life

Car and Road
Safety

Dealing with Emergencies
& Navigating our
healthcare system

A recall of the basics of
First Aid



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