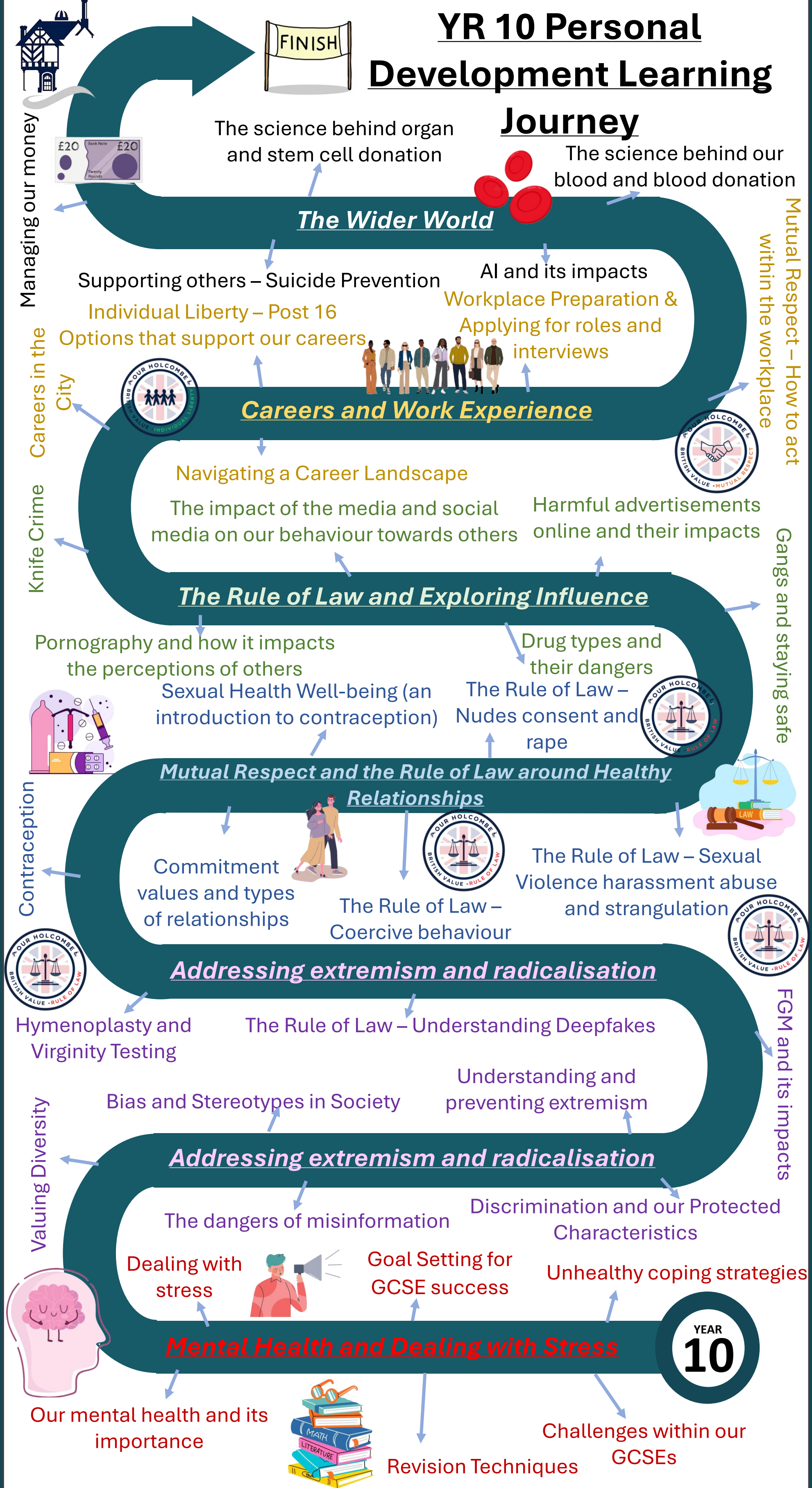


YR 10 Personal Development Learning Journey





YR 11 Personal Development Learning Journey

Managing our time and workload

Unhealthy coping strategies

Dealing with Stress

Preparing for exams

Use of Technology for Revision

Revision Techniques

Flash Cards

Social media and its impacts on us



Supporting others, suicide prevention



Independent Life

AI and its risks

Individual Liberty – University and the world of work

Toxic digital subcultures and Incels

Harmful online influencers

Independent Life



Tax and Budgeting



Dealing with Exam disappointment

Next Steps Post YR 11



Responsibility and Life

Drugs and their dangers – illegal drugs and over the counter drugs

Budgeting and Debt

Sexual Health and Fertility



Pregnancy and Parenthood

Developing our knowledge of contraception



Understanding Relationships through Mutual Respect

Relationships and Pornography

STI's

Abuse and Grooming – The Rule of Law



YEAR
11